

2005-2006 Year In Review



Averett University
Christopher Newport University
Ferrum College
Greensboro College
Maryville College

Methodist College
N.C. Wesleyan College
Peace College
Shenandoah University

Football

Final Standings

School	W	L	Pct.	W	L	Pct.
<i>Ferrum</i>	6	1	.857	9	2	.818
<i>Methodist</i>	6	1	.857	8	2	.800
Averett	5	2	.714	7	3	.700
Chris. Newport	5	2	.714	6	4	.600
N.C. Wesleyan	3	4	.429	4	6	.400
Maryville	2	5	.286	3	7	.300
Greensboro	1	6	.143	1	9	.100
Shenandoah	0	7	.000	1	9	.100

NCAA Competition

Ferrum earned the Conference's automatic NCAA bid to the 2005 playoffs. Ferrum fell 59-14 to Wesley in the first round.

NCAA History

Christopher Newport	(01, 02, 03, 04)	2-4 (.333)
Ferrum	(87, 88, 89, 90, 05)	4-5 (.444)
Shenandoah	(04)	0-1 (.000)
Total	(10 appearances)	6-10 (.375)

All-Conference Team - Offense

First Team	Second Team	Honorable Mention
RB Terrell Mulford, FC Kyle Wilson, AU	Mike Hill, MC Javon Williams, NCWC	Roland Hilliard, CNU Hubert Payne, MVC
FB Anthony Frates, SU QB Chris Roncetti, MC	Jacob Hawkins, FC Jermaine Pitts, FC	Ben Moore, AU Todd Parsons, AU Justin Price, MVC
WR Jeff Hughley, AU Torrey Lowe, GC	Nathan Davis, CNU Justin Jackson, MVC	Patrick Doleman, MC Jonathon Mulkarski, MC Georeg Sands, MC
TE Chris Silk, FC OL Sean Atwood, CNU Matt Bowyer, FC Matt Boykin, CNU Billy DeLapp, MC Brian Michaelson, FC	Allan Lawson, AU Rhyann Breen, MC Bobby Darrow, SU Max Dinges, MC Billy Temple, SU Clint Roof, AU	Brandon Craig, NCWC Andrew Crawford, MVC John Fisher, AU Brian Hasdedt, AU Jonathan Willis, MC

All-Conference Team - Defense

First Team	Second Team	Honorable Mention
DL Logan Greene, GC Alvin Jones, FC John Northern, MC Colby Townsend, MVC Nathan Williams, CNU	Roy Funes, SU Jeremy Jackson, AU Giffin McConaghy, AU DeShaun Parker, CNU Quinderra Spellman, NCWC	Mike Beltran, AU Brandon Hayden, MC Sean Merritt, MC Jim Rishmawi, SU Stephen Small, CNU Dallas Daniels, GC Judd Hyde, NCWC Derek Rang, MVC Evan Ruffner, SU Jeff Stein, AU Scott Stevens, MVC Duane Alston, AU Joey Berry, SU J.R. Geld, MVC Anthony Hayes
LB Gary Freeman, CNU Jermaine Moore, AU Kareem Morse, CNU Justin Wood, CNU	Justin Augustin, NCWC Jared Jordan, FC Daryl Lawrence, MC Max Pope, MC	
DB Travis Boyd, AU Perry Ford, FC Justin Long, CNU Rob Rodriguez, CNU	Mitchell Collier, MC Chris Gauntlett, MC Gentry Parker, AU Antwan Shuford, MC	

All-Conference Team - Special Teams

First Team	Second Team	Honorable Mention
RS Jeff Hugley, AU K Patrick Larkin, MC P Matt Murphy, FC	Rob Rodriguez, CNU Chris Ashcraft, AU Matt Barcus, CNU	George Sands, MC Jonathon Hill, CNU James Thurnes, AU



Offensive Player of the Year
Chris Roncetti
Methodist



Defensive Player of the Year
Rob Rodriguez
Chris. Newport



Offensive Rookie of the Year
Torrey Lowe
Greensboro



Defensive Rookie of the Year
Quinderra Spellman
N.C. Wesleyan



Coach of the Year
Dave Davis
Ferrum

Volleyball

Final Standings

School	W	L	Pct.	W	L	Pct.
Greensboro	13	1	.929	29	7	.806
Chris. Newport	13	1	.929	32	6	.842
Averett	10	4	.714	23	13	.639
Methodist	6	8	.429	17	13	.567
Peace	6	8	.429	13	20	.394
N.C. Wesleyan	4	10	.286	15	18	.455
Shenandoah	2	12	.143	8	22	.267
Ferrum	2	12	.143	8	24	.250

NCAA Competition

Christopher Newport advanced to the NCAA Tournament and fell 3-2 to Trinity (Texas) in the first round.

NCAA History

Averett	(00, 01, 03)	1-3 (.250)
Christopher Newport	(01, 02, 04, 05)	0-4 (.000)
Greensboro	(90)	0-1 (.000)
Methodist	(86)	0-1 (.000)
UNC-Greensboro	(82, 83, 84)	1-3 (.250)
St. Andrew's	(85)	0-1 (.000)
Total	(12 appearances)	2-13 (.133)

All-Conference Team

First Team	Second Team	Honorable Mention
Amber Bradshaw, CNU	Liz Bush, CNU	Mindy Altice, FC
Brittany Collins, CNU	Kasey Carpenter, AU	Erin Bradshaw, CNU
Sarah Davis, GG	Jennifer Ellis, MC	Erin Bryant, NCWC
Courtney Peters, AU	Lindsey Kabbes, PC	Michelle Chandler, SU
Katie Smith, GC	Jenna Williams, CNU	Keshia Judd, GC
Lauren Smith, GC	Amy Zecher, AU	Ellen Koch, CNU
		Tiffany Sparks, GC
		Lauren Wells, AU

All-Tournament Team

Brittany Collins, CNU (MVP)
 Amber Bradshaw, CNU
 Erin Bradshaw, CNU
 Sarah Davis, GC
 Ellen Koch, CNU
 Katie Smith, GC
 Lauren Smith, GC



Player of the Year
 Katie Smith
 Greensboro



Libero of the Year
 Jenna Williams
 Chris. Newport



Rookie of the Year
 Liz Bush
 Chris. Newport



Coach of the Year
 Lindsay Sheppard
 Chris. Newport

Men's Soccer

Final Standings

School	W	L	T	Pct.	W	L	T	Pct.
N.C. Wesleyan	6	0	0	1.000	14	5	0	.737
Greensboro	5	1	0	.833	11	7	2	.600
Chris. Newport	4	2	0	.667	12	7	0	.632
Methodist	3	3	0	.500	7	12	1	.375
Ferrum	2	4	0	.333	13	7	0	.650
Shenandoah	1	5	0	.167	6	10	0	.735
Averett	0	6	0	.000	3	13	0	.188

NCAA Competition

Greensboro advanced to the NCAA Tournament after winning the Conference title. The Pride went 1-1 in the tournament, defeating Emory, 1-0 before falling 1-0 to Maryville (Tenn.).

NCAA History

Averett	(79, 80, 81)	1-3 (.250)
Christopher Newport	(86, 00)	2-2 (.500)
Greensboro	(89, 92, 94, 96, 97, 98, 99, 00, 01, 02, 03, 05)	14-13 (.518)
Lynchburg	(74, 75, 76)	0-3 (.000)
Methodist	(90, 91, 92, 93, 94, 95)	8-6 (.571)
UNC-Greensboro	(81, 82, 83, 84, 85, 86, 87)	26-2 (.929)
N. C. Wesleyan	(84, 87, 88, 04)	1-4 (.166)
Total	(37 appearances)	52-33 (.612)

All-Conference Team

	First Team	Second Team	Honorable Mention
F	Jon Dyer, NCWC	Jack Collins, FC	Josh Bridges, GC
	Lucas Fuentes, NCWC	Almamy Jabbie, NCWC	Andy White, MC
	Galen Small, CNU	Mohammed Toure, SU	
MF	Daniel Fogarty, CNU	Salvador Benitez, Jr., NCWC	Dustin Breckenridge, MC
	Eric Hatchett, GC	Richard Engel, GC	Andrew Neff, MC
	Alimmamy Kargbo, NCWC	Derek Shaw, CNU	
	Philipp Lyding, NCWC	Adam Sippy, MC	
D	Bryan Davis, CNU	Jason Bottani, NCWC	Gregg Cohen, MC
	Tony Falvino, GC	Hunter Burrows, GC	Jimmy Izaguirre, MC
	Matt Page, GC	Chris Forcum, NCWC	Daniel Jones, NCWC
			Charlie Rierson, GC
			Stephen Tupy, NCWC
			Chris Peter, SU
			Tommy Vieten, CNU
GK	Matt Brown, GC	Jeremy Belnap, MC	

All-Tournament Team

F	Salvador Benitez, Jr., NCWC
	Jon Dyer, NCWC
	Ben Norman, GC
	Derek Shaw, CNU
MF	Eric Hatchett, GC (MVP)
	Richard Engel, GC
	Robert Fricke, GC
	Philipp Lyding, NCWC
D	Tony Falvino, GC
	Chris Forcum, NCWC
GK	Matt Brown, GC



Player of the Year
Tony Falvino
Greensboro



Rookie of the Year
Philipp Lyding
N.C. Wesleyan



Coach of the Year
Jason Kilby
N.C. Wesleyan

Women's Soccer

Final Standings

School	W	L	T	Pct.	W	L	T	Pct.
<i>Chris. Newport</i>	6	0	0	1.000	14	5	1	.725
Greensboro	4	1	1	.750	7	10	1	.417
Methodist	3	2	1	.583	9	11	1	.452
Shenandoah	3	3	0	.500	10	8	1	.553
N.C. Wesleyan	2	2	2	.500	6	9	2	.412
Ferrum	1	5	0	.167	7	10	1	.417
Averett	0	6	0	.000	8	10	0	.444

NCAA Competition

Christopher Newport advanced to the NCAA Tournament and fell 2-1 to Va. Wesleyan in the first round.

NCAA History

Christopher Newport	(00, 04, 05)	2-3 (.400)
Greensboro	(02, 03)	0-2 (.000)
Methodist	(86, 87, 88, 89, 90, 93, 94, 95)	11-8 (.579)
N.C. Wesleyan	(88, 91, 92, 93, 94, 96, 97, 00, 01)	7-10 (.412)
Total	(22 appearances)	20-23 (.465)

All-Conference Team

	First Team	Second Team	Honorable Mention
F	Chrystal Bradley, MC Leigh Leavitt, CNU Ashton Oliver, GC	Ashley Cabral, GC Reva McCloud, NCWC Amanda Wade, SU	Vanessa Jordan, AU Kristen McCartney, AU Lisa Witt, AU
MF	Ashleigh Dota, CNU Cara Kolina, FC Emily Renkin, CNU	Hillary Carney, CNU Danielle Nourie, MC Rachel Rosenbarker, NCWC	Leanne Gibson, SU Sabrina Zehr, SU
D	Lauren Carpinello, SU Ashley Glover, CNU Stacey Noonan, MC Sarah Nuber, CNU	Marie Finley, MC Krista Krohnemann, SU Megan Nutt, GC Lauren Stearns, NCWC	Meredith Carroll, GC Katie Martin, SU Corinne Musanti, FC Kim Smith, SU
GK	Erin Wojtkun, CNU	Kerri Wells, GC	Lauren Elliott, SU Bryanne Godfrey, NCWC

All-Tournament Team

F	Paniz Asgari, CNU (MVP) Chrystal Bradley, MC Leigh Leavitt, CNU
MF	Hillary Carney, CNU Danielle Nourie, MC Emily Renkin, CNU
D	Lindsey Baskins, CNU Marie Finley, MC Ashley Glover, CNU Megan Nutt, GC
GK	Erin Wojtkun, CNU



Player of the Year
Emily Renkin
Chris. Newport



Rookie of the Year
Ashton Oliver
Greensboro



Coach of the Year
Kwame Lloyd
Chris. Newport

Men's Cross Country

Final Standings

(Based on Conference Meet)

Christopher Newport - 26
Greensboro - 52
Methodist - 79
Shenandoah - 86

NCAA Competition

Christopher Newport finished sixth with 206 points and Greensboro finished 16th with 424 points at the NCAA Regional Championship held at Hendrix College.

NCAA History

Christopher Newport	(82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 98, 99, 00, 01, 02, 03, 04)
Methodist	(81, 88, 89)
Total	(25 appearances)

All-Conference Team

First Team

David Barham, CNU
Mike Barnard, GC
Doug Holbrook, GC
Husein Nasiro-Sigo, MC
Tim Scott, CNU
Daniel Swale, CNU
David Woodson, CNU

Second Team

Carl Henn, SU
Jesse Hutcheson, CNU
Nathaniel Huffman, CNU
Tim Lane, SU
Ryan Taylor, MC
Scott Thompson, AU
Jonnie Williams, GC

All-Meet Team

Husein Nasiro-Sigo, MC	26:02
David Barham, CNU	26:27
Daniel Swale, CNU	27:31
Michael Barnard, GC	27:43
Doug Holbrook, GC	27:49
Cory Scott, CNU	27:53



Runner of the Year
Husein Nasiro-Sigo
Methodist



Rookie of the Year
David Woodson
Chris. Newport



Coach of the Year
Keith Maurer
Chris. Newport

Women's Cross Country

Final Standings

(Based on Conference Meet)

Christopher Newport - 15
Shenandoah - 53
Greensboro - 82
N.C. Wesleyan - 108

NCAA Competition

The Christopher Newport Captains finished fifth with 147 points at the NCAA Regional meet held at Hendrix College.

NCAA History

Christopher Newport	(82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 98, 99, 00, 01, 02, 03, 04)
Methodist	(88)
Total	(23 appearances)

All-Conference Team

First Team

Liz Bissell, CNU
Elizabeth Browning, CNU
Ashley Ezell, CNU
Megan Fogarty, CNU
Heather Kochel, SU
Emily Low, CNU
Bett Shelby, GC

Second Team

Jasmin Duncan, GC
Amanda Fitzhugh, CNU
Elizabeth Gannon, SU
Emily Hetrick, AU
Krystal Patton, MC
Ashley Simms, PC
Kayla Thompson, SU

All-Meet Team

Emily Low, CNU	23:21
Liz Bissell, CNU	23:38
Megan Fogarty, CNU	23:56
Ashley Ezell, CNU	24:11
Elizabeth Browning, CNU	25:25
Beth Bartlemes, CNU	26:08
Heather Kochel, SU	26:26



Runner of the Year
Emily Low
Chris. Newport



Rookie of the Year
Liz Bissell
Chris. Newport



Coach of the Year
Keith Maurer
Chris. Newport

Men's Basketball

Final Standings

School	W	L	Pct.	W	L	Pct.
Chris. Newport	9	3	.750	20	8	.714
Averett	9	3	.750	20	8	.714
Methodist	7	5	.583	10	17	.370
Greensboro	7	5	.583	12	13	.480
N.C. Wesleyan	6	6	.500	9	18	.333
Ferrum	3	9	.250	7	19	.269
Shenandoah	1	11	.083	9	16	.360

NCAA Competition

Christopher Newport's Conference Tournament title qualified them for the NCAA Tournament, where they lost to Lincoln (Pa.), 102-96, in the first round.

NCAA History

Averett	(90)	1-2 (.333)
Christopher Newport	(86, 88, 89, 90, 91, 93, 94, 95, 96, 97, 98, 99, 00, 01, 03, 06)	9-17 (.346)
Ferrum	(92)	1-1 (.500)
Greensboro	(85, 94, 95)	4-3 (.571)
Lynchburg	(76)	0-2 (.000)
Methodist	(75, 77, 97, 04, 05)	5-5 (.500)
N.C. Wesleyan	(83, 84, 87, 02)	3-5 (.375)
UNC-Greensboro	(80)	0-2 (.000)
St. Andrew's	(81, 82, 83)	3-3 (.500)
Shenandoah	(96)	0-1 (.000)
Virginia Wesleyan	(78, 79, 82)	1-5 (.167)
Total	(38 appearances)	28-46 (.378)

All-Conference Team

First Team

Steve Berg, GC
Lenny Hall, NCWC
Jeremiah Lawrence, SU
Seth Thomas, MC
Sterling Williams, AU

Second Team

Jarmel Arrington, NCWC
Davon Barton, CNU
Eugene Grant, MC
Cory McDaniel, AU
Jeremy Romeo, CNU

Honorable Mention

Mark Blasingame, CNU
Mouktar Fawehinmi, SU
Korey Lewis, CNU
James Newman, GC
Donta Selden, CNU

All-Tournament Team

Donta Selden, CNU (MVP)
Damien Brown, AU
Lenny Hall, NCWC
Edward Riley, CNU
Jeremy Romeo, CNU
Sterling Williams, AU



Player of the Year
Steve Berg
Greensboro



Rookie of the Year
Davon Barton
Chris. Newport



Coach of the Year
C.J. Woollum
Chris. Newport

Women's Basketball

Final Standings

School	W	L	Pct.	W	L	Pct.
Greensboro	12	2	.857	22	8	.733
Chris. Newport	11	3	.786	17	9	.654
Ferrum	8	6	.571	14	13	.519
Peace	8	6	.571	16	11	.593
Methodist	8	6	.571	13	13	.500
Averett	5	9	.357	11	15	.423
Shenandoah	4	10	.286	9	18	.333
N.C. Wesleyan	0	14	.000	2	23	.080

NCAA Competition

Greensboro advanced to the NCAA Tournament after capturing the USA South title. The Pride defeated Moravian 93-80 in the first round and then fell, 75-61 to Randolph-Macon in the second round.

NCAA History

Christopher Newport	(82, 86, 92, 93, 95, 97, 98, 01, 02, 04)	4-11 (.267)
Ferrum	(95)	0-1 (.000)
Greensboro	(97, 04, 05)	1-3 (.250)
UNC-Greensboro	(82, 83, 84, 85, 86, 87, 88)	12-7 (.632)
Methodist	(02, 03)	0-2 (.000)
N.C. Wesleyan	(94, 99)	3-5 (.375)
Shenandoah	(96, 00)	0-2 (.000)
Virginia Wesleyan	(78, 79, 82)	1-5 (.167)
Total	(29 appearances)	21-36 (.368)

All-Conference Team

First Team

Aline Alzime, FC
Candace Bryant, CNU
Staci Humphrey, GC
Sirlena Moore, GC
Tia Saunders, PC

Second Team

Lisa Jackson, MC
Tawanna McCall, FC
Nikki Rowland, CNU
Alicia Sanders, SU
Stacy Williams, MC

Honorable Mention

Liz Ansley, NCWC
CeCe Carter, AU
Lindy Cartwright, PC
Netagia Foreman, SU
April Wilson, NCWC
Cassie Womack, SU

All-Tournament Team

Staci Humphrey, GC (MVP)

Aline Alzime, FC
Quanita Bennett, FC
Sirlena Moore, GC
Jamie Motsinger, GC
Alicia Sanders, SU



Player of the Year
Staci Humphrey
Greensboro



Rookie of the Year
Kristen Whitehurst
Methodist



Coach of the Year
Jason Tuggle
Greensboro

Baseball

Final Standings

School	W	L	T	Pct.	W	L	T	Pct.
Methodist	13	5	0	.722	26	17	0	.605
N.C. Wesleyan	11	7	0	.611	31	19	0	.620
Ferrum	10	8	0	.556	31	11	1	.733
Greensboro	10	8	0	.556	27	16	0	.628
Chris. Newport	9	9	0	.500	19	20	0	.487
Shenandoah	7	11	0	.389	25	18	0	.581
Averett	3	15	0	.167	13	27	0	.325

NCAA Competition

N.C. Wesleyan represented the Conference in NCAA post-season play. In the regional the Bishops defeated Emory 7-3, Brigewater 7-5 and Va. Wesleyan 9-5. Then lost to Rowan 2-0 before defeating Rowan 4-2 to advance to the Division III World Series. In the World Series N.C. Wesleyan fell 2-0 to Wheaton (Mass.) and 9-8 to Eastern Conn. St. to end their post-season action.

NCAA History

Averett	(03)	1-1	(.500)
Christopher Newport	(01, 02, 03)	16-7	(.696)
Ferrum	(88, 89, 90, 91, 92, 93, 94, 96, 04)	16-18	(.471)
Greensboro	(98)	0-2	(.000)
Lynchburg	(76)	0-2	(.000)
Methodist	(76, 77, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 95, 96, 98, 99, 00, 01, 02, 04)	46-46	(.500)
N.C. Wesleyan	(81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 97, 98, 99, 00, 06)	68-43	(.613)
Virginia Wesleyan	(79, 85)	0-4	(.000)
Total	(58 appearances)	147-123	(.544)

All-Conference Team

Position	First Team	Second Team	Honorable Mention
1B	Jess Maloney, GC	Steve Cornelius, MC	John Corbin, CNU
2B	Jeff Gregory, GC	Ryan Snyder, NCWC	Daniel Ziccardy, SU
3B	Pat Burgess, GC	Brett Thomas, FC	David Jenkins, SU
SS	Scott Russell, MC	Nathan West, NCWC	Trae Bailey, CNU
C	Taylor Kennedy, GC	Nick Baker, FC	Steven Todd, SU
DH	Chad Clark, GC	Kenny Flythe, NCWC	Ted Williams, NCWC
Util	Jess Bowles, FC	Ryan McDougal, CNU	Michael Ellsworth, MC
OF	Ryan Anderson, SU	T.J. Bray, AU	Matt Gammon, FC
	Matt Smith, NCWC	Brent Justice, GC	Mike Giarrizzi, CNU
	Jonathon Spivey, MC	Chris Pecora, NCWC	John Sain, FC
P	Kenny Moreland, CNU	Kit Mock, GC	Luke Williford, NCWC
	Blake Rice, NCWC	Kyle Robertson, NCWC	Ryan Brandt, MC
RP	Casey Varnell, MC	Nick Sborz, SU	Adam Denning, MC
			Curtis Taylor, FC
			Jimmy Holm, FC

All-Tournament Team

1B	Mark Wooten, NCWC
2B	Ryan Snyder, NCWC
3B	Pat Burgess, GC
SS	Trae Bailey, CNU
C	Nick Baker, FC
DH	Kenny Flythe, NCWC
OF	Chris Pecora, NCWC (MVP)
	Anthony Corona, GC
	Ryan Anderson, SU
P	Ben Pearson, NCWC
	Kyle Robertson, NCWC



Player of the Year
Jess Maloney
Greensboro



Pitcher of the Year
Blake Rice
N.C. Wesleyan



Rookie of the Year
Mike Giarrizzi
Chris. Newport



Rookie Pitcher of the Year
Ben Moore
N.C. Wesleyan



Coach of the Year
Tom Austin
Methodist

Softball

Final Standings

School	W	L	Pct.	W	L	Pct.
Methodist	13	1	.929	39	8	.830
Greensboro	11	3	.786	29	15	.659
Ferrum	8	6	.571	23	21	.523
N.C. Wesleyan	6	8	.429	20	18	.526
Chris Newport	6	8	.429	23	17	.575
Peace	5	9	.357	23	17	.575
Averett	4	10	.286	11	29	.275
Shenandoah	3	11	.214	15	28	.349

NCAA Competition

Methodist earned the Conference's automatic NCAA bid. The Monarchs opened up tournament action with a, 1-0, victory over King's (Pa.). Then Methodist was defeated by Ramapo, 3-0 and Moravian, 5-0.

NCAA History

Christopher Newport	(93, 95, 98, 01)	2-8 (.200)
Ferrum	(02, 04)	3-4 (.429)
Methodist	(99, 00, 03, 06)	6-8 (.429)
N.C. Wesleyan	(98, 99)	4-4 (.500)
Virginia Wesleyan	(86)	0-2 (.000)
Averett	(04)	0-2 (.000)
Total	(14 appearances)	15-28 (.349)

All-Conference Team

Position	First Team	Second Team	Honorable Mention
1B	Courtney Tucker, NCWC	Candace Hudgins, MC	Kristina Wilhelm, FC
2B	Lauren Manning, GC	Katie Moyers, CNU	Amy Faucette, MC
3B	Kristen Kennedy, MC	Kathleen Gulino, FC	Ashley Pennington, GC
SS	Jessica Clack, GC	Ashlee Bass, NCWC	CJ McQueen, CNU
C	Margaret Hamm, GC	Margit Severin, CNU	Nicole Shoemaker, PC
DP	Katie Custis, FC	Kari Supple, NCWC	
Util	Andrea Rohde, CNU	Niki Dobbins, PC	Kristen Templeton, SU
OF	Rebekah Kelly, MC	LaTiana Headen, MC	Adrienne Acosta, MC
	Tricia Moore, FC	Jenee Johnson, GC	Melanie Hose, CNU
	Lauren Pleasant, PC	Jennifer Simms, GC	Whitney Moshier, NCWC
			Jenny Perdue, FC
P	Kristen Slade, GC	Brittany Estep, AU	Janet Fairchild, CNU
	Jennifer Sorensen, MC	Libby Fulford, NCWC	Katie Haskins, SU
			Lindsay Kelly, CNU
			Laura Terry, FC

All-Tournament Team

1B	Kristina Wilhelm, FC
2B	Lauren Manning, GC
3B	Whitney Williams, GC
SS	Ashlee Bass, NCWC
C	Lisa Jackson, MC
DP	LaTiana Headen, MC
OF	Jenee Johnson, GC
	Caryn Moreland, MC
	Alicia Sanders, SU
P	Jessica Hutzul, MC (MVP)
	Libby Fulford, NCWC



Player of the Year
Jessica Clack
Greensboro



Pitcher of the Year
Jennifer Sorensen
Methodist



Rookie of the Year
Katie Moyers
Chris. Newport



Rookie Pitcher of the Year
Lesley Hewitt
Methodist



Coach of the Year
Ron Simpson
Methodist

Lacrosse

Final Standings

School	W	L	Pct.	W	L	Pct.
Greensboro	6	0	1.000	10	6	.625
Chris. Newport	5	1	.833	11	8	.579
Methodist	4	2	.667	11	4	.733
Averett	3	3	.500	9	7	.563
Shenandoah	2	4	.333	6	8	.429
N.C. Wesleyan	1	5	.167	3	12	.200
Ferrum	0	6	.000	3	9	.250

NCAA Competition

Christopher Newport earned the USA South's first-ever birth into the NCAA Tournament after winning the conference tournament. The Captains fell, 19-9 to Washington & Lee in the first round.

NCAA History

Christopher Newport	(06)	0-1 (.000)
Total	(1 appearance)	0-1 (.000)

All-Conference Team

First Team

A Kristen Conques, CNU
Jenna Gast, GC
Amanda McGlaughlin, GC

MF Buffy Casto, NCWC
Kristyn Hankins, CNU
Vanessa Jordan, AU
Lauren McGonagle, MC
Lindsey West, MC

D Megan Barbieri, GC
Lauren Carpinello, SU
Bridgette McGrath, MC
GK Kristen McGuire, GC

Second Team

Jennifer Donah, GC
Bridget Holcomb, MC
Darcie Jones, AU

Kaylee Black, AU
Katelyn Cushman, MC
Joia Davis, SU
Katie Doherty, CNU
Karen Hall, GC
Jenni Duncan, GC
Jenna Nobles, MC
Katie Ross, CNU
Lindsay Naill, CNU

Honorable Mention

Lindsey Ferguson, GC
Kelly Matagiese, SU
Kali Rodriguez, MC
Shayna Sargent, CNU
Sally Allstadt, CNU
Erika Bradd, SU
Sarah Kaye, FC
Stephanie Perih, FC
Lisa Thomson, CNU
Alexa Ashworth, NCWC
Tiffany DeLoatch, AU
Jetarwa Miles, AU
Dawn Sheets, AU

All-Tournament Team

A Kristen Conques, CNU
Vanessa Jordan, AU
Amanda McGlaughlin, GC
MF Kristyn Hankins, CNU (**MVP**)
Karen Hall, GC
Darcie Jones, AU
Lauren McGonagle, MC
Lindsey West, MC
D Megan Barbieri, GC
Christina Denney, GC
Katie Ross, CNU
GK Lindsay Naill, CNU



Player of the Year
Lindsey West
Methodist



Rookie of the Year
Vanessa Jordan
Averett



Coach of the Year
Katie Talbert
Averett

Golf

Final Standings

(Based on Conference Tournament)

Methodist - 591 (+15)
 Chris. Newport - 609 (+33)
 Averett - 620 (+44)
 Greensboro - 629 (+53)
 Shenandoah - 655 (+79)
 Ferrum - 678 (+102)

NCAA Competition

Methodist was invited to the NCAA Championships. Methodist finished second with a score of xxxx..

NCAA History

Averett	(01, 02, 03)
Christopher Newport	(90, 91, 92, 94, 95 96, 00)
Ferrum	(95)
Greensboro	(75, 78, 80, 81, 82 83, 84, 85, 86, 87 88, 89, 91, 92, 93 94, 95, 96, 97, 98 99, 00, 01, 02, 03 04, 05)
Methodist	(81, 82, 83, 84, 85 86, 87, 88, 89, 90 91, 92, 93, 94, 95 96, 97, 98, 99, 00 01, 02, 03, 04, 05 06)
Total	(64 appearances)

All-Conference Team

First Team

Nick Bova, MC
 Brad Hartman, AU
 Adam Horton, MC
 Rocky Manning, GC
 Cory Schneider, MC

Second Team

Brant Dixon, MC
 Matt Hopkins, CNU
 Ryan Patrick, CNU
 Nick Sortino, AU
 Ryan Wilson, AU

Honorable Mention

Taylor Chamberlin, SU
 Josh Cumming, GC
 Andrew Geary, CNU
 Paul Suhr, GC

All-Tournament Team

Adam Horton, MC (**Medalist**)
 Christian Freymeyer, CNU
 Cory Schneider, MC
 Brad Hartman, AU
 Matt Bova, MC



Player of the Year
 Adam Horton
 Methodist



Rookie of the Year
 Brad Hartman
 Averett



Coach of the Year
 Steve Conley
 Methodist

Men's Tennis

Final Standings

School	W	L	Pct.	W	L	Pct.
<i>Chris. Newport</i>	6	0	1.000	14	6	.700
Methodist	5	1	.833	17	6	.739
Averett	4	2	.667	8	12	.400
Ferrum	3	3	.500	12	7	.632
Greensboro	2	4	.333	4	11	.267
Shenandoah	1	5	.167	3	13	.188
N.C. Wesleyan	0	6	.000	2	12	.143

NCAA History

Averett	(96, 97, 98, 99, 00, 02)
Methodist	(91, 92, 96, 98)
Total	(10 appearances)

All-Conference Team

First Team

Keith Criscoe, MC
Chris Fletcher, MC
Eddie Glidewell, CNU
Niklas Karvonen, AU
Daniel Mc Gregor, AU
John Mook, CNU

Second Team

Matt Brantley, FC
Steven Inge, CNU
Paul Matthews, FC
Worth Richardson, CNU
Anthony Rinaldis, CNU
Matthew Siegel, MC

Honorable Mention

Matt Brueggemann, CNU
Zach Marks, NCWC
Doug Nilsen, SU
Mike Sampson, FC
Erich Trier, FC

All-Tournament Team

Eddie Glidewell, CNU (**MVP**)
Chris Fletcher, MC
John Mook, CNU
Daniel Mc Gregor, AU
Worth Richardson, CNU
Mike Sampson, FC



Player of the Year
Keith Criscoe
Methodist



Rookie of the Year
Matthew Siegel
Methodist



Coach of the Year
Gary Holden
Ferrum

Women's Tennis

Final Standings

School	W	L	Pct.	W	L	Pct.
<i>Methodist</i>	7	0	1.000	15	6	.714
Chris. Newport	6	1	.857	16	1	.941
Shenandoah	5	2	.714	8	5	.615
Peace	4	3	.571	7	12	.368
Greensboro	3	4	.429	7	10	.412
Ferrum	2	5	.286	4	10	.286
N.C. Wesleyan	1	6	.143	2	12	.143
Averett	0	7	.000	0	13	.000

NCAA History

Methodist	(90, 91, 01, 02, 03)
Total	(5 appearances)

All-Conference Team

First Team

Jenna Gollub, NCWC
 Stefanie Leblang, CNU
 Carrie Pacifico, GC
 Lindsey Pantele, CNU
 Jenny Smith, MC
 Tiffany Tucker, MC

Second Team

Julie Angrick, MC
 Charlotte Davis, PC
 Dominique Grayson, SU
 Colleen Hightower, SU
 Natalie Pitts, CNU
 Frannie Shivar, CNU

Honorable Mention

Crystal Cauley, AU
 Michelle Chandler, SU
 Elizabeth Dixon, PC
 Katie English, AU
 Lauren McGehee, CNU
 Brittany Stevens, CNU
 Shannon Vivian, MC

All-Tournament Team

Lindsey Pantele, CNU (MVP)
 Stefanie Leblang, CNU
 Jenny Smith, MC
 Leighton Bull, MC
 Frannie Shivar, CNU
 Carrie Pacifico, GC



Player of the Year
 Carrie Pacifico
Greensboro



Rookie of the Year
 Lindsey Pantele
Chris. Newport



Coach of the Year
 Francie Barragan
Methodist

NCAA Team Champions

Baseball

N.C. Wesleyan (1989,99)

Men's Basketball

Football

Ferrum (NJCAA - 1965,
68, 74, 77)

Men's Golf

Averett (2003)
Greensboro (2000)
Methodist (1990, 91, 92,
94, 95, 96, 97, 98, 99)

Women's Golf

Methodist (1996, 98, 99
2000, 01, 02, 03, 04, 05)
(NGCA 1986, 87, 88, 89
91, 92, 93, 94, 95)

Men's Soccer

Women's Soccer

NCAA Team Runners-Up

Christopher Newport (2003)
Methodist (1995)

Ferrum (NJCAA - 1972)

Ferrum (NJCAA - 1966)

Greensboro (1988, 97, 2002)

Methodist (1997)
(NGCA 1990)

Greensboro (1989, 98)
Methodist (1995)

Methodist (1995)

